



# SUMMER 2022 - EEC Lunch Menus JUNE - AUGUST

**MENUS ARE SUBJECT TO CHANGE**

<b>MONDAY</b>	<b>TUESDAY</b>	<b>WEDNESDAY</b>	<b>THURSDAY</b>	<b>FRIDAY</b>
6-13 Bean & Cheese Burrito - <b>V</b> Romaine Mix Salad Peach Pop Milk	6-14 Toasted Cheese Sandwich - <b>V</b> Roasted Potato Wedges Raspberry Passion Fruit Slush Milk	6-15 Deep Dish Pepperoni Pizza Romaine Mix Salad Fresh Fruit Milk	6-16 Fiestada Stuffed Sandwich Paradise Punch Vegetable Juice Peach Cup Milk	6-17 Crispy Chicken Sandwich Romaine Mix Salad Fresh Fruit Milk
6-20 <b>JUNETEENTH HOLIDAY</b>	6-21 Chicken Tenders Roasted Potato Wedges Raspberry Passion Fruit Slush Milk	6-22 Café LA Burger Romaine Lettuce Fresh Fruit Got Milk	6-23 Nachoboli - <b>V</b> Romaine Mix Salad Fresh Banana Milk	6-24 Cheesy Pillows - <b>V</b> Orange Medley Juice Fresh Fruit Milk
6-27 Bean & Cheese Burrito - <b>V</b> Romaine Mix Salad Fresh Fruit Milk	6-28 Toasted Cheese Sandwich - <b>V</b> Roasted Potato Wedges Raspberry Passion Fruit Slush Milk	6-29 Crispy Chicken Sandwich Romaine Lettuce Fresh Fruit Got Milk	6-30 Fiestada Stuffed Sandwich Paradise Punch Vegetable Juice Peach Cup Milk	7-1 Pepperoni Pizza Romaine Mix Salad Fresh Fruit Milk
7-4 <b>INDEPENDENCE DAY HOLIDAY</b>	7-5 Chicken Tenders Roasted Potato Wedges Raspberry Passion Fruit Slush Milk	7-6 Café LA Burger Romaine Lettuce Fresh Fruit Got Milk	7-7 Nachoboli - <b>V</b> Romaine Mix Salad Fresh Banana Milk	7-8 Cheesy Pillows - <b>V</b> Romaine Mix Salad Fresh Fruit Milk
7-11 Bean & Cheese Burrito - <b>V</b> Romaine Mix Salad Fresh Fruit Milk	7-12 Toasted Cheese Sandwich - <b>V</b> Roasted Potato Wedges Raspberry Passion Fruit Slush Milk	7-13 Crispy Chicken Sandwich Romaine Lettuce Fresh Fruit Got Milk	7-14 Fiestada Stuffed Sandwich Paradise Punch Vegetable Juice Peach Cup Milk	7-15 Pepperoni Pizza Romaine Mix Salad Fresh Fruit Milk

This Institution is an equal opportunity provider.  
Esta institución es un proveedor que ofrece igualdad de oportunidades.

Posted 06/13/22



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MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
<b>7-18</b> Toasted Cheese Sandwich - <b>V</b> Romaine Mix Salad Fresh Fruit Milk	<b>7-19</b> Chicken Tenders Roasted Potato Wedges Raspberry Passion Fruit Slush Milk	<b>7-20</b> Café LA Burger Romaine Thick-Shred Lettuce Fresh Fruit Milk	<b>7-21</b> Nachoboli - <b>V</b> Romaine Mix Salad Fresh Banana Milk	<b>7-22</b> Cheesy Pillows - <b>V</b> Orange Medley Juice Fresh Fruit Milk
<b>7-25</b> Bean & Cheese Burrito - <b>V</b> Romaine Mix Salad Fresh Fruit Milk	<b>7-26</b> Toasted Cheese Sandwich - <b>V</b> Roasted Potato Wedges Raspberry Passion Fruit Slush Milk	<b>7-27</b> Crispy Chicken Sandwich Romaine Lettuce Fresh Fruit Got Milk	<b>7-28</b> Fiestada Stuffed Sandwich Paradise Punch Vegetable Juice Peach Cup Milk	<b>7-29</b> Pepperoni Pizza Romaine Mix Salad Fresh Fruit Milk
<b>8-1</b> Toasted Cheese Sandwich - <b>V</b> Romaine Mix Salad Fresh Fruit Milk	<b>8-2</b> Chicken Tenders Roasted Potato Wedges Raspberry Passion Fruit Slush Milk	<b>8-3</b> Café LA Burger Romaine Thick-Shred Lettuce Fresh Fruit Milk	<b>8-4</b> Nachoboli - <b>V</b> Romaine Mix Salad Fresh Banana Milk	<b>8-5</b> Cheesy Pillows - <b>V</b> Orange Medley Juice Fresh Fruit Milk
<b>8-8</b> Bean & Cheese Burrito - <b>V</b> Romaine Mix Salads Fresh Fruit Got Milk	<b>8-9</b> Toasted Cheese Sandwich - <b>V</b> Roasted Potato Wedges Raspberry Passion Fruit Slush Milk	<b>8-10</b> Crispy Chicken Sandwich Romaine Lettuce Fresh Fruit Got Milk	<b>8-11</b> Fiestada Stuffed Sandwich Paradise Punch Vegetable Juice Peach Cup Milk	<b>8-12</b> Pepperoni Pizza Romaine Mix Salad Fresh Fruit Milk

**All of the Grain/Bread items served are Whole Grain Rich.**

Per USDA, students **MUST** take at least 3 components as part of their lunch.

Milk Options: White Low Fat 1%, White Fat Free, White Non-Fat Lactose Free, Chocolate Non-Fat

Fresh Fruit: Apple, Apple Slices, Peach, Nectarine, Orange

Daily Options:

- Strawberry Yogurt 8 oz. & Blueberry Muffin (Vegetarian)
- Chik'n Nuggets & Chips (Vegan)
- Vegan Burrito (Vegan)

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